

AR  
 Flippin Middle School (Flippin School District)  
 144 School Lane  
 Flippin AR 72634  
 870-453-6464

**Health and Wellness School Improvement Priority**

**Section I: School Information**

<b>School Name:</b>	Flippin Middle School
<b>School LEA Number:</b>	4501003

**School Year: 2018-2019**

**Section II: Needs Assessment**

**School Health Index Assessment**

Check box if completing the SHI Assessment online

If completing the SHI Assessment online you must provide a Reference Number.

<b>Reference Number:</b>	Flip771666
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**Reviewer Comments:**

**Body Mass Index (BMI)**

<input checked="" type="checkbox"/>	<b>The school can verify the analysis of the School Level Body Mass Index screening data conclusions.</b>
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**Description/Conclusion**

There were 26 6th grade boys tested. 46.2% of these boys were in the healthy/underweight category range, leaving 53.8% in the overweight/obese category range. There were 27 6th grade girls tested. 59.3% of these girls were in the healthy/underweight category range, leaving 40.7% in the overweight/obese category range. There were 26 8th grade boys tested. 61.5% of these boys were in the healthy/underweight category range, leaving 38.5% in the overweight/obese category range. There were 21 8th grade girls tested, 52.4% of these girls were in the healthy/underweight category range leaving 47.6% in the overweight/obese range.

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**Other health and wellness related data** (Optional)

**Description/Conclusion**

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**Reviewer Comments:**

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**Section III: Health and Wellness Goals**

**(Provide a detailed description of each required activity)**

Indicate the LEA's compliance with the following Act 1220 requirements:

- The LEA will coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee.
  - The LEA will ensure that the district policy is in compliance with state and federal mandates.
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**Goal 1: How will the LEA provide coordination and support to create a healthy nutrition environment for students?** {Requirements: see 1 required activity.}

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**Goal 1 Measurable Objective**

Flippin middle school will teach their students proper nutrition through out the school year. These units will meet federal and state guidelines and be taught in science classes.

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**Goal 1**

<b>Activity</b>	<b>Person Responsible</b>	<b>Timeline</b>
Ronnie Blevins and a student representative will meet with the district wellness committee.	MS Principal, Gregg Yarbrough	Once each quarter
Middle school science teachers will teach the required nutrition lessons.	MS Principal, Gregg Yarbrough	August 2018-May 2019
The Compliance Director will monitor district policy to ensure that it is compliant with federal and state mandates	District Compliance Director, Lisa Daffron	August 2018-May 2019
The LEA will provide the science teachers with specific material that should be taught about proper child nutrition. The LEA will meet with the teachers to make sure that they have the material they need and are sharing it with the students.		

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**Reviewer Comments:**

Your activity and objective are the same. Your school's objective should be a statement of what the school will do to provide coordination and support to create a healthy nutrition environment for students and your school's activities listed should support the objective. Revise your goal objective and re-submit. AEW 3/15/19

**Goal 2: How will the LEA provide coordination and support to create an environment that promotes physical activity and provides quality physical education for students?** {Requirements: see 2 required activities.}

**Goal 2 Measurable Objective**

Flippin middle school will ensure that all students schedules meet or exceed the required amount of physical education time.

**Goal 2**

Activity	Person Responsible	Timeline
Create a master schedule by August 2018 that includes P.E. and physical activity classes which meet the time requirements for middle school students. We provide each student with 47 minutes of P.E. everyday and an additional 13 minutes of P.A. are offered to students after lunch as well. Thirtytwo minutes are available to students walking in between each class.	MS Principal, Gregg Yarbrough MS Counselor, Michelle Curtis	August 2018
P.E. and P.A. classes will be provided for the appropriate amount of time for each grade level.	MS Principal, Gregg Yarbrough MS Counselor, Michelle Curtis	August 2018-May 2019
The Compliance Director will monitor district policy to ensure that it is compliant with federal and state mandates.	District Compliance Director, Lisa Daffron	August 20178-May 2019

**Reviewer Comments:**

Your activity and objective are the same. Your school's objective should be a statement of what the school will do to provide coordination and support to create an environment that promotes physical activity. Your school' activities listed should support the objective. Revise your goal objective and re-submit. AEW 3/15/19

**Goal 3: How will the LEA provide professional development for school staff on nutrition and physical activity?** {Requirements: see 1 required activity.}

**Goal 3 Measurable Objective**

Physical Activity and Nutrition professional development will be provided to teachers through ourEducational Cooperative, the IDEAS portal, and through experts and trained staff in each school building.

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**Goal 3**

<b>Activity</b>	<b>Person Responsible</b>	<b>Timeline</b>
Professional Development through the OUR Coop	MS Principal, Gregg Yarbrough	August 2018-May 2019
Professional Development through the IDEAS portal	MS Principal, Gregg Yarbrough	August 2018-May 2018
Professional Development through staff expert - School Nurse, Nutrition Director, Physical Education teachers	MS Principal, Gregg Yarbrough	August 2018-May 2019
Professional Development through Health & Wellness Committee; School Health Index, BMI, Smart Snacks Product Calculator, Healthy School Compliance Model, District Health & Wellness Policy and Goals	Ronnie Blevins, Health & Wellness Chair	August 2018-May 2019

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**Reviewer Comments:**

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**Goal 4: (Optional) How does the school address other health disparities trending among students identified from the Needs Assessment?**

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**Goal 4 Measurable Objective**

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**Goal 4**

<b>Activity</b>	<b>Person Responsible</b>	<b>Timeline</b>

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**Reviewer Comments:**

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**Reviewer Response:**

ADE Reviewed

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**Reviewer Comments:**

Please review the comments in section III; revise as necessary. If you have any questions, contact Ashley Williams, Act 1220 Coordinator, at (501) 683-3604.