

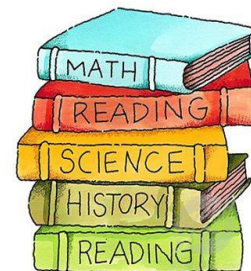
**Flippin School District  
August 2019  
Lunch Menu**

**USDA IS AN EQUAL OPPORTUNITY  
EMPLOYER**



1

2



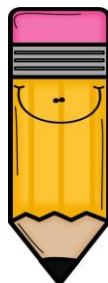
5

6

7

8

9



12

**Popcorn Chicken 13  
Mashed Potatoes  
Seasoned Broccoli  
Orange  
Hot Roll  
Fruit Choice 9-12  
Milk**



14

**Ham and Cheese Roll  
Up  
Lettuce and Tomato  
French Fries  
Sliced Pears  
Chocolate Chip Cookie  
Fruit Choice 9-12  
Milk**

15

**Teriyaki Bites  
Seasoned Rice  
Pinto Beans  
Carrot Sticks/Ranch  
Apple Wedges  
Graham Crackers 9-12  
Fruit Choice 9-12  
Milk**

16

**Pizza  
Side Salad  
Green Beans  
Sliced Peaches  
Fruit Choice 9-12  
Milk**

19

**Hamburger  
Lettuce-Tomato-Pickle  
French Fries  
Grapes  
Fruit Choice 9-12  
Milk**

20

**Beef Fingers  
Mashed Potatoes  
Broccoli Salad  
Strawberry Cup  
Biscuit 9-12  
Fruit Choice 9-12  
Milk**

21

**Walking Tacos  
Lettuce-Tomato-Cheese  
Refried Beans  
Frozen Fruit Cup  
Fruit Choice 9-12  
Milk**

22

**Chicken Crispito  
Cherry Tomatoes  
Celery Sticks/Ranch  
Yogurt Cup  
Peaches  
Graham Cracker 6-12  
Fruit Choice 9-12  
Milk**

23

**Chicken Stir Fry  
Seasoned Rice  
Carrot Sticks  
Mandarin Oranges  
Fortune Cookie  
Crackers 9-12  
Fruit Choice 9-12  
Milk**

26

**Beefy Nachos  
Lettuce and Tomato  
Corn on the Cob  
Mixed Fruit  
Banana Bread 9-12  
Fruit Choice 9-12  
Milk**

27

**Pizza  
Green Beans  
Red Pepper  
Strips/Ranch  
Banana  
Fruit Choice 9-12  
Milk**

28

**Chicken Nuggets  
Mashed Potatoes  
Black-eyed Peas  
Pineapple  
Gelatin  
Hot Roll  
Fruit Choice 9-12  
Milk**

29

**Cowboy Cavatini  
Spinach Salad  
Orange  
Italian Bread  
Fruit Choice 9-12  
Milk**

30

**Chili  
Broccoli Florets/Ranch  
Applesauce  
Cinnamon Roll  
Fruit Choice 9-12  
Milk**

