

2019 Flippin XC Race Schedule (tentative)

9/17- Salem Invitational	Salem, AR
9/28- Berryville Bobcat Back 40	Berryville, AR
*10/12- Green Forest Invitational	Green Forest, AR
10/15- Bomber Invite	Mt. Home, AR
10/22- 533 Above the Sea Huntsville Invitational	Huntsville, AR
10/29- Mountie Classic Conference Championships	Rogers, AR
11/9- Arkansas State XC Championships	Hot Springs, AR

*Note: The Green Forest meet is on the morning of Turkey Trot and only three days away from our Mt. Home meet. I will need to see how many runners are affected by the FHS Band participation that day and where we are in terms of fitness level to run two meets so close together.