Flippin School District				
September 2019 Lunch Menu				
USDA IS AN EQUAL OPPORTUNITY EMPLOYER				
2 LABOR DAY	3 Chicken Strips Mashed Potatoes Seasoned Broccoli Orange Wedges Biscuit 6-12 Fruit Choice 9-12 Milk	4 Turkey and Cheese Sandwich Lettuce and Tomato Sweet Potato Fries Grapes Lemon Icebox Pie Fruit Choice 9-12 Milk	5 Cheese Pocket Marinara Side Salad Apple Crackers 9-12 Fruit Choice 9-12 Milk	6 Corndog Baked Beans Veggie Sticks Frozen Fruit Cup Fruit Choice 9-12 Milk
9 Chicken Fajita Tortilla Chips Refried Bean Dip Lettuce and Tomato Mandarin Oranges Fruit Choice 9-12 Milk	10 Pizza Garden Salad Carrot Sticks Banana Fruit Choice 9-12 Milk	11 Ground Beef and Macaroni Seasoned Corn Tropical Fruit Cookie Fruit Choice 9-12 Milk	12 Chicken Sandwich Lettuce-Tomato- Pickle French Fries Sliced Peaches Fruit Choice 9-12 Milk	13 No School
16 Macaroni and Cheese Popeye Salad Black-eyed Peas Sliced Pears Crackers 6-12 Fruit Choice 9-12 Milk	17 Turkey and Cheese Roll Up Lettuce and Tomato Pepper Strips Pineapple Sun Chips 6-12 Sugar Cookie Fruit Choice 9-12 Milk	18 Fish Sandwich French Fries Cole Slaw Tropical Fruit Fruit Choice 9-12 Milk	19 Pig in a Blanket Pickle Spear Baked Beans Strawberry Cup Fruit Choice 9-12 Milk	20 Spaghetti Green Beans Apple Graham Cracker 6-12 Pudding Fruit Choice 9-12 Milk
23 Hamburger Lettuce-Tomato- Pickle French Fries Mixed Fruit Rice Krispy Treat Fruit Choice 9-12 Milk	24 Chicken Fried Steak Mashed Potatoes Broccoli Peaches Biscuit 9-12 Fruit Choice 9-12 Milk	25 Vegetable Beef Soup Cheese Toast pk-5 Toasted Cheese Sandwich 6-12 Salad Pears Brownie Fruit Choice 9-12 Milk	26 Taco Salad Corn on the Cob Salsa Frozen Fruit Cup Graham Cracker 6-12 Fruit Choice 9-12 Milk	27 Teriyaki Bites Seasoned Rice California Blend Vegetables Pinto Beans Mandarin Oranges Fruit Choice 9-12 Milk
30 Chicken and Noodles Sliced Carrots Broccoli Florets Hot Roll 9-12 Fruit Juice Fruit Choice 9-12 Milk				