

Arkansas Indistar

Health and Wellness School Improvement Priority

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Section I: School Information

School Name:	Flippin Middle School
School LEA Number:	4501003

School Year: 2019-2020

Section II: Needs Assessment

School Health Index Assessment

Hint

- Check box if completing the SHI Assessment online
- Check box if the school completed the pdf version of the SHI Assessment, upload the Completed Overall Score Card and the School Health Improvement Plan to the Health & Wellness Folder.

If completing the SHI Assessment online, a reference number must be provided.

Reference Number:	Flip771666
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Reviewer Comments:

Body Mass Index (BMI)

Hint

<input checked="" type="checkbox"/> The school has conducted an analysis of the School Level Body Mass Index screening data.

Develop a brief narrative of student BMI trends based on the analysis of the data.

There were 34 6th grade boys tested. 58.8% of these boys were in the healthy/underweight category range, leaving 41.2% in the overweight/obese category range. There were 50 6th grade girls tested and 50% of these girls were in the healthy/underweight category range, leaving 50% in the overweight/underweight range.

There were 35 8th grade boys tested. 65.2% of the boys were in the healthy/underweight category range, leaving 34.8% in the overweight/obese category range. There were 90 8th grade girls tested. 53.3% of the girls tested were in the healthy/underweight range, leaving 46.7% in the overweight/obese category range.

Other Health and Wellness Related Data (Optional)

Hint

Develop a brief narrative of other health and wellness data. (Optional)

Reviewer Comments:

Section III: Health and Wellness Goals

Indicate the LEA's compliance with the following Act 1220 requirements:

- The LEA will coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee.
- The LEA will ensure that the district policy is in compliance with state and federal mandates.

Goal 1: The LEA will provide coordination and support to create a healthy nutrition environment for students.

Hint

Goal 1 Measurable Objective

Flippin Middle School will teach their students proper nutrition throughout the school year with the input of the districts food and nutrition director.

Goal 1

Activity	Person Responsible	Timeline
Ronnie Blevins and a student representative will meet with the district wellness committee. e will meet with the district wellness committee.	MS Principal, Gregg Yarbrough	once each quarter

Middle school science and or Health PE teachers will teach the required nutrition lessons.	MS Principal, Gregg Yarbrough	August 2019-May 2020
The Compliance Director will monitor district policy to ensure that it is compliant with federal and state mandates.	District Compliance Director, Lisa Daffron	August 2019-May 2020
The LEA will provide the science and or Health PE teachers with specific material that should be taught about proper nutrition. The LEA will meet with the teachers to make sure that they have the material needed and are sharing with the students.		
The school offers the CEP program which offers free lunches that meet the Federal Nutrition Guidelines to every student.		
The school offers the CEP program which offers free breakfast and 2nd chance breakfast that meets Federal Nutrition Guidelines to every student.		

Reviewer Comments:

Goal 2: The LEA will provide coordination and support to create an environment that promotes physical activity and provides quality physical education for students.

Hint

Goal 2 Measurable Objective

Flippin Middle School will ensure that all students schedules will meet the required minutes of physical education as required by the Arkansas Department of Education.

Goal 2

Activity	Person Responsible	Timeline
Create a master schedule by August 2019 that includes PE and physical activity classes that meet the time requirements for middle school students. We provide 47 minutes of PE everyday and an additional 13 minutes of physical activity are offered to students after lunch.	MS Principal, Gregg Yarbrough MS Counselor Michelle Curtis	August 2019
32 minutes are available to students walking between classes each day.	MS Principal, Gregg Yarbrough MS Counselor Michelle Curtis	August 2019
Physical activity and PE classes will be provided for the appropriate amount of time for each grade level.	MS Principal, Gregg Yarbrough MS Counselor Michelle Curtis	August 2019-May 2020
The compliance director will monitor district policy to ensure that it is in compliance with federal and state mandates.	District Compliance Director, Lisa Daffron	August 2019-May 2020

Reviewer Comments:

Goal 3: The LEA will provide professional development for school staff that promotes healthy nutrition and physical activity.

Hint

Goal 3 Measurable Objective

Physical Activity and Nutrition professional development will be provided to teachers through our educational Cooperative, the IDEAS portal, and through trained staff in each building.

Goal 3

Activity	Person Responsible	Timeline
Professional Development through the OUR Coop.	MS Principal, Gregg Yarbrough	August 2019-May 2020
Professional Development through the IDEAS portal.	MS Principal, Gregg Yarbrough	August 2019-May 2020
Professional Development through staff expert-School Nurse and Nutrition Director.	MS Principal, Gregg Yarbrough	August 2019-May 2020
Professional Development through Health & Wellness Committee; School Health Index, BMI, Smart Snacks Product Calculator, Healthy School Compliance Model, District Health and Wellness Policy and Goals.	MS Principal, Gregg Yarbrough	August 2019-May 2020

Reviewer Comments:

Goal 4: (Optional) The LEA will provide coordination to support a safe and healthy learning environment.

Hint

Goal 4 Measurable Objective

Goal 4

Activity	Person Responsible	Timeline

Reviewer Comments:

Reviewer Response:

ADE Reviewed

Reviewer Comments:

Close