

**Flippin School District
January 2020
Lunch Menu**

**USDA IS AN EQUAL OPPORTUNITY
EMPLOYER**

1

Happy New Year

2



3



6
Chicken Fried Steak
Mashed Potatoes
Green Beans
Cheese Biscuit
Fruit
Fruit Choice 9-12
Milk

7
Pig in a Blanket
French Fries
Coleslaw
Peaches
Fruit Choice 9-12
Milk

8
Teriyaki Bites
Rice
Seasoned Broccoli
Egg Roll
Pineapple
Fruit Choice 9-12
Milk

9
Walking Tacos
Lettuce-Tomato-
Cheese
Refried Beans
Frozen Fruit Cup
Fruit Choice 9-12
Milk

10
Pizza
Garden Salad
Baby Carrots
Banana
Fruit Choice 9-12
Milk

13
Sloppy Joe
Broccoli Salad
French Fries
Mandarin Oranges
Fruit Choice 9-12
Milk

14
Beef Fingers
Mashed Potatoes
Seasoned Corn
Mixed Fruit
Biscuit 9-12
Fruit Choice 9-12
Milk

15
Chicken and
Noodles
Seasoned Carrots
Oven Fried Okra
Pears
Hot Roll
Fruit Choice 9-12
Milk

16
Vegetable Beef
Soup
Cheese Toast k-8
Toasted Cheese
Sandwich 9-12
Veggie Sticks
Spiced Apples
Fruit Choice 9-12
Milk

17
BBQ Rib Patty
Sandwich
Lettuce and Pickle
Baked Beans
Peaches
Marshmallow Rice
Square
Fruit Choice 9-12
Milk

20
Turkey and Cheese
Roll Up
Lettuce and Tomato
Sweet Potato Fries
Applesauce
Vanilla Wafers
Fruit Choice 9-12
Milk

21
Popcorn Chicken
Mashed Potatoes
Pinto Beans
Orange Wedges
Hot Roll
Fruit Choice 9-12
Milk

22
Chili with Corn
Chips
Celery and Carrot
Sticks
Pears
Chocolate Cake
Fruit Choice 9-12
Milk

23
Chicken Spaghetti
Green Peas
Cherry Tomatoes
Apple Wedges
Hot Roll 9-12
Fruit Choice 9-12
Milk

24
Chicken Sandwich
Lettuce and Tomato
Broccoli Florets and
Ranch Dip
Mandarin Oranges
Snickerdoodle
Fruit Choice 9-12
Milk

27
Beefy Nachos
Lettuce and Tomato
Refried Beans
Mixed Fruit
Banana Bread 9-12
Fruit Choice 9-12
Milk

28
Hamburger
Lettuce-Tomato-
Pickle
Tater Tots
Fruit Cup
Fruit Choice 9-12
Milk

29
Baked Chicken
Mashed Potatoes
Seasoned Broccoli
Pineapple
Biscuit
Fruit Choice 9-12
Milk

30
Chili Cheese Fries
Celery Sticks
Applesauce
Graham Crackers
Fruit Choice 9-12
Milk

31
Chicken Stir Fry
Seasoned Rice
Red Pepper Strips
With Ranch Dip
Mandarin Oranges
Fortune Cookie
Egg Roll 9-12
Fruit Choice 9-12
Milk