

AR
Flippin Elementary School (Flippin School District)
144 School Lane
Flippin AR 72634
870-453-8860

Health and Wellness School Improvement Priority

Section I: School Information

School Name:	Flippin Elementary School
School LEA Number:	4501001

School Year: 2020-2021

Section II: Needs Assessment

School Health Index Assessment

☒ Check box if completing the SHI Assessment online

If completing the SHI Assessment online, a reference number must be provided.

Reference Number:	Flip301328
--------------------------	------------

Reviewer Comments:

Body Mass Index (BMI)

<input checked="" type="checkbox"/>	The school has conducted an analysis of the School Level Body Mass Index screening data.
-------------------------------------	---

Develop a brief narrative of student BMI trends based on the analysis of the data.

More than half the boys and girls tested in the healthy/underweight category range. The boys tests 11.8% in the overweight category and 22.5% in the obese category. The girls showed approximate 65.8% in the healthy/underweight category and 22.8% in the overweight category with 11.4% in the obese category.

It is noted that there is decrease in the overweight category with boys. The girls had an increase in the overweight category. There was a decrease in the obese category for both boys and girls.

Other Health and Wellness Related Data (Optional)

Develop a brief narrative of other health and wellness data. (Optional)

Reviewer Comments:

Section III: Health and Wellness Goals

Indicate the LEA's compliance with the following Act 1220 requirements:

- ☒ The LEA will coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee.
 - ☒ The LEA will ensure that the district policy is in compliance with state and federal mandates.
-

Goal 1: The LEA will provide coordination and support to create a healthy nutrition environment for students.

Goal 1 Measurable Objective

Flippin Elementary School will promote proper nutrition throughout the school year, both onsite and remotely, with the input of the district's food and nutrition director. In addition, teachers and staff will practice and promote new CDC and ADH guidelines as outlined in the school's Ready for Learning plan.

Goal 1

Activity	Person Responsible	Timeline
Second Chance Breakfast- Breakfast after the Bell meets federal guidelines and provides a healthy and nutritious breakfast for every student.	Marcia Ivens, Food Services Director	08/24/20-05/28/21
Provide meals for all students in the event of a required pivot to remote learning	Marcia Ivens	During school closures, 08/24/20-05/28/21
Provide meals for offsite Bobcat Virtual Academy learners	Marcia Ivens	08/24/20-05/28/21
Purchase and install six water bottle refilling stations to be placed throughout the district	Kelvin Hudson, Superintendent and Bryan Buresh, Maintenance Director	08/24/20
Implement CDC Safety Guidelines for Physical Distancing, Cleaning Procedures and Contactless	Staff and Students P-12	08/24/20-05/28/21

Meal Delivery and Scanning		
Elementary representative will meet with the district wellness committee to meet Objective #1.	Julie Beaver, Elementary Health and Wellness Committee Member	Quarterly

Goal 1

Activity	Person Responsible	Timeline
Nutrition curriculum will be taught in PE classes K-6 utilizing the new standards based health and wellness curriculum	Sonya Hall	08/24/20-05/28/21

Reviewer Comments:

Good job on your team's efforts in addressing nutrition on the school campus! As you move forward developing meaningful health & wellness performance objectives, always include a target level of performance. An objective should clearly answer, one or all of the following questions:

- How much?
- How many?
- How will I know that it's accomplished? AEW 11/18/2020

Goal 2: The LEA will provide coordination and support to create an environment that promotes physical activity and provides quality physical education for students.

Goal 2 Measurable Objective

Flippin Elementary School will ensure that all students' schedules meet the required amount of physical education time required by the Department of Education. The principal will support integrated physical activity within the classroom.

Goal 2

Activity	Person Responsible	Timeline
Create a schedule that includes PE classes and recesses that meet the time requirement mandated for elementary students.	Tracie Luttrell, Elementary Principal	08/24/20-05/28/21
Bobcat Virtual Academy (BVA) remote learners will engage in a physical education course at home.	Ronnie Blevins, BVA Director	08/24/20-05/28/21
Early childhood classes will incorporate physical activity across the curriculum in the form of brain breaks.	Elementary Staff	08/24/20-05/28/21

The Compliance Director will monitor district policy to ensure that it is compliant with federal and state mandates.	Amy Robson, Federal Programs Director	08/24/20-05/28/21

Reviewer Comments:

Good job on your team's efforts in addressing physical activity answer, one or all of the following questions:

- How much?
- How many?
- How will I know that it's accomplished? AEW 11/18/2020

Goal 3: The LEA will provide professional development for school staff that promotes healthy nutrition and physical activity.

Goal 3 Measurable Objective

Wellness committee representatives, Food Services Director and/or administration will lead the staff in professional development that focuses on nutrition, physical activity and wellness standards.

Goal 3

Activity	Person Responsible	Timeline
Professional Development through Health and Wellness committee members, containing topics such as School Health Index, BMI, Smart Snacks Product Calculator, Healthy School Compliance Model, District Health and Wellness Policy and Goals.	Wellness Committee Members	Quarterly
Digital professional development will be provided to all staff members on topics such as healthy nutrition, physical movement in the classroom and utilizing movement to increase student engagement.	Amy Lynch, Professional Development Coordinator and Guest Speakers	Annually
Professional development on Go Noodle for Elementary Staff	Julie Beaver, Health and Wellness Chairperson	Annually

Reviewer Comments:

Goal 4: (Optional) The LEA will provide coordination to support a safe and healthy learning environment.

Goal 4 Measurable Objective

Goal 4

Activity	Person Responsible	Timeline

Reviewer Comments:

Reviewer Response:

☒ ADE Reviewed

Reviewer Comments:

Please review the comments in section III and use for future references. No revisions are needed at this time. Proceed to the Submissions Tab, and click the submit button in order to complete the submissions process. Thank you, AEW 11/18/2020