

AR
 Flippin High School (Flippin School District)
 103 Alford Street
 Flippin AR 72634
 870-453-2233

Health and Wellness School Improvement Priority

Section I: School Information

School Name:	Flippin High School
School LEA Number:	4501002

School Year: 2020-2021

Section II: Needs Assessment

School Health Index Assessment

Check box if completing the SHI Assessment online

If completing the SHI Assessment online, a reference number must be provided.

Reference Number:	flip942494
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Reviewer Comments:

Body Mass Index (BMI)

<input checked="" type="checkbox"/>	The school has conducted an analysis of the School Level Body Mass Index screening data.
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Develop a brief narrative of student BMI trends based on the analysis of the data.

50% of boys and girls tested were found in the healthy weight range. For both genders, 50% were overweight or obese.

Other Health and Wellness Related Data (Optional)

Develop a brief narrative of other health and wellness data. (Optional)

Reviewer Comments:

Section III: Health and Wellness Goals

Indicate the LEA's compliance with the following Act 1220 requirements:

- The LEA will coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee.
 - The LEA will ensure that the district policy is in compliance with state and federal mandates.
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Goal 1: The LEA will provide coordination and support to create a healthy nutrition environment for students.

Goal 1 Measurable Objective

Flippin High School will promote proper nutrition throughout the school year, both onsite and remotely, with the input of the district's Food and Nutrition Director. In addition, teachers and staff will practice and promote new CDC and ADH guidelines as outlined in the school's Ready for Learning Plan.

Goal 1

Activity	Person Responsible	Timeline
Second Chance Breakfast- Breakfast after the bell meets federal guidelines and provides a healthy and nutritious breakfast for every student.	Marcia Ivens, Food Services Director	08/24/2020-05/28/2021
Provide meals for all learners in the event of a required pivot to remote learning.	Marcia Ivens, Food Services Director	During school closures, 08/24/20-05/28/21
Provide meals for Bobcat Virtual learners.	Marcia Ivens, Food Services Director	08/24/20-05/28/21
Purchase and install six water bottle refilling stations to be placed throughout the district.	Kelvin Hudson, Superintendent and Bryan Buresh, Maintenance Director	08/24/20-05/28/21
Implement CDC Guidelines for physical distancing, cleaning procedures and contactless delivery and scanning.	Staff and Students P-12	08/24/20-05/28/21
One high school teacher and one high school student will meet with the district wellness committee to meet Objective #1.	Josh Lynch, High School Health and Wellness Committee member and Hope Rackley, High School representative	08/24/20-05/28/21

Goal 1

Activity	Person Responsible	Timeline
All high school health courses incorporate lessons on nutrition each semester.	Grant Greenhaw (Health Teacher)	08/24/2020- 05/28/2021

Reviewer Comments:

Good job on your team's efforts in addressing nutrition on the school campus! As you move forward developing meaningful health & wellness performance objectives, always include a target level of performance. An objective should clearly answer, one or all of the following questions:

- How much?
- How many?
- How will I know that it's accomplished? AEW 11/18/2020

Goal 2: The LEA will provide coordination and support to create an environment that promotes physical activity and provides quality physical education for students.

Goal 2 Measurable Objective

Flippin High School will promote physical activity and physical education for all students, both on-site and remotely (Bobcat Virtual Academy).

Goal 2

Activity	Person Responsible	Timeline
The guidance counselor, along with the principal, will create a master schedule by August 2020 that includes PE classes which meet the time requirement for a half-unit of Carnegie credit.	Angie Nix (High School Counselor) and Dale Horn (High School Principal)	08/24/2020-05/28/2021
School offers PE class as required by Arkansas Department of Education and also as an elective course in grades 9 - 12.	Angie Nix (High School Counselor) and Dale Horn (High School Principal)	08/24/2020-05/28/2021
The compliance director will monitor district policy to ensure that it is compliant with federal and state mandates.	Amy Robson (Compliance Director)	08/24/2020-05/28/2021

Reviewer Comments:

Good job on your team's efforts in addressing physical activity on the school campus! As you move forward developing meaningful health & wellness performance objectives, always include a target level of performance. An objective should clearly answer, one or all of the following questions:

- How much?
- How many?
- How will I know that it's accomplished? AEW 11/18/2020

Goal 3: The LEA will provide professional development for school staff that promotes healthy nutrition and physical activity.

Goal 3 Measurable Objective

Wellness committee representatives, Food Services Director and/or administration will lead the staff in professional development that focuses on nutrition, physical activity and wellness standards.

Goal 3

Activity	Person Responsible	Timeline
Professional Development through Health and Wellness Committee members, containing topics such as School Health Index, BMI, Smart Snacks Product Calculator, Healthy School Compliance Model, District Health and Wellness Policy and Goals.	Wellness Committee Members	Quarterly
Digital professional development will be provided to all Wellness Committee members on topics such as healthy nutrition, physical movement in the classroom and utilizing movement to increase student engagement.	Amy Lynch, Professional Development Coordinator and Guest Speakers	Annually

Reviewer Comments:

Goal 4: (Optional) The LEA will provide coordination to support a safe and healthy learning environment.

Goal 4 Measurable Objective

Goal 4

Activity	Person Responsible	Timeline

Reviewer Comments:

Reviewer Response:

ADE Reviewed

Reviewer Comments:

Please review the comments in section III and use for future references. No revisions are needed at this time. Proceed to the Submissions Tab, and click the submit button in order to complete the submissions process. Thank you, AEW 11/18/2020