

AR
 Flippin Middle School (Flippin School District)
 144 School Lane
 Flippin AR 72634
 870-453-6464

Health and Wellness School Improvement Priority

Section I: School Information

School Name:	Flippin Middle School
School LEA Number:	4501003

School Year: 2020-2021

Section II: Needs Assessment

School Health Index Assessment

Check box if completing the SHI Assessment online

If completing the SHI Assessment online, a reference number must be provided.

Reference Number:	Flip771666
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Reviewer Comments:

Body Mass Index (BMI)

<input checked="" type="checkbox"/>	The school has conducted an analysis of the School Level Body Mass Index screening data.
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Develop a brief narrative of student BMI trends based on the analysis of the data.

There were 34 6th grade boys tested. 58.8% of these boys were in the healthy/underweight category range, leaving 41.2% in the overweight/obese category range. There were 50 6th grade girls tested and 50% of these girls were in the healthy/underweight category range, leaving 50% in the overweight/underweight range.

There were 35 8th grade boys tested. 65.2% of the boys were in the healthy/underweight category range, leaving 34.8% in the overweight/obese category range. There were 90 8th grade girls tested. 53.3% of the girls tested were in the healthy/underweight range, leaving 46.7% in the

overweight/obese category range.

Other Health and Wellness Related Data (Optional)

Develop a brief narrative of other health and wellness data. (Optional)

Reviewer Comments:

Section III: Health and Wellness Goals

Indicate the LEA's compliance with the following Act 1220 requirements:

- The LEA will coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee.
- The LEA will ensure that the district policy is in compliance with state and federal mandates.

Goal 1: The LEA will provide coordination and support to create a healthy nutrition environment for students.

Goal 1 Measurable Objective

Flippin Middle School will promote proper nutrition throughout the school year, both onsite and remotely, with the input of the districts food and nutrition director. In addition, teachers and staff will practice and instruct new CDC and ADH guidelines as outlined in the schools ready for learning plan.

Goal 1

Activity	Person Responsible	Timeline
Second Chance Breakfast- Breakfast after the bell meets federal guidelines and provides a healthy and nutritious breakfast for every student.	Marcia Ivens, Food Services Director	08/24/20-05/28/21
Provide meals for all students in the event of a required pivot to remote learning	Marcia Ivens	During School Closures 08/24/20-05/28-21
Provide meals for offsite Bobcat Virtual Academy learners	Marcia Ivens	08/24/20-05/28/20
Purchase and install six water bottle refilling stations to be placed throughout the district	Kelvin Hudson- Superintendent Bryan Buresh- Maintenance Director	08/24/20
Implement CDC Safety Guidelines for Physical	Staff and Students P-12	08/24/20-05/28/21

Distancing, Cleaning Procedures and Contactless meal Delivery and Scanning		
Austin Gardner and a student representative will meet with the district wellness committee.	Austin Gardner	Quarterly

Goal 1

Activity	Person Responsible	Timeline
Nutrition curriculum will be taught in PE classes 7th and 8th utilizing the new standards based health and wellness curriculum	Austin Gardner	08/24/20-05/28/21

Reviewer Comments:

Good job on your team's efforts in addressing nutrition on the school campus! As you move forward developing meaningful health & wellness performance objectives, always include a target level of performance. An objective should clearly answer, one or all of the following questions:

- How much?
- How many?
- How will I know that it's accomplished? AEW 11/18/2020

Goal 2: The LEA will provide coordination and support to create an environment that promotes physical activity and provides quality physical education for students.

Goal 2 Measurable Objective

Flippin Middle School will ensure that all students schedules will meet the required minutes of physical education as required by the Arkansas Department of Education. Bobcat Virtual Academy will provide a Physical Education class through Acellus online learning program to our remote learning students.

Goal 2

Activity	Person Responsible	Timeline
Create a master schedule by August 2019 that includes PE and physical activity classes that meet the time requirements for middle school students. We provide 47 minutes of PE everyday and an additional 13 minutes of physical activity are offered to students after lunch.	MS Principal, Gregg Yarbrough MS Counselor Michelle Curtis	08/24/20-05/28/21
32 minutes are available to students walking between classes each day.	MS Principal, Gregg Yarbrough MS Counselor Michelle Curtis	08/24/20-05/28/21

Physical activity and PE classes will be provided for the appropriate amount of time for each grade level.	MS Principal, Gregg Yarbrough MS Counselor Michelle Curtis	08/24/20-05/28/21
The compliance director will monitor district policy to ensure that it is in compliance with federal and state mandates.	Amy Robson- District Compliance Director	08/24/20-05/28/21

Reviewer Comments:

Good job on your team's efforts in addressing physical activity on the school campus! As you move forward developing meaningful health & wellness performance objectives, always include a target level of performance. An objective should clearly answer, one or all of the following questions:

- How much?
- How many?
- How will I know that it's accomplished? AEW 11/18/2020

Goal 3: The LEA will provide professional development for school staff that promotes healthy nutrition and physical activity.

Goal 3 Measurable Objective

Wellness committee representatives, Food Services Director and/or administration will lead the staff in professional development that focuses on nutrition, physical activity and wellness standards.

Goal 3

Activity	Person Responsible	Timeline
Professional Development through Health & Wellness Committee; School Health Index, BMI, Smart Snacks Product Calculator, Healthy School Compliance Model, District Health and Wellness Policy and Goals.	Wellness Committee Members	Quarterly
Digital professional development will be provided to all staff members on topics such as healthy nutrition, physical movement in the classroom and utilizing movement to increase student engagement.	Amy Lynch, Professional Development Coordinator and Guest Speakers	Annually
Professional development on Go Noodle for Middle Staff	Austin Gardner- Health and Wellness Chairperson	Annually

Reviewer Comments:

Goal 4: *(Optional)* The LEA will provide coordination to support a safe and healthy learning environment.

Goal 4 Measurable Objective

Goal 4

Activity	Person Responsible	Timeline

Reviewer Comments:

Reviewer Response:

ADE Reviewed

Reviewer Comments:

Please review the comments in section III and use for future references. No revisions are needed at this time. Proceed to the Submissions Tab, and click the submit button in order to complete the submissions process. Thank you, AEW 11/18/2020