THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER	FLIPPIN SCHOOL DISTRICT NOVEMBER 2023			MENU IS SUBJECT TO CHANGE
		1 Sloppy Joe Chips Baked Beans Frozen Fruit Cup Carrot Sticks 9-12 Fruit Choice 9-12 Milk	2 Chicken Nuggets Mashed Potatoes Seasoned Broccoli Peaches Biscuit Fruit Choice 9-12 Milk	Crispito Yogurt Cup Seasoned Corn Cherry Tomatoes Mixed Fruit Fruit Choice 9-12 Milk
6 Beefy Nachos Lettuce and Tomato Refried Beans Pineapple Graham Crackers 9-12 Fruit Choice 9-12 Milk	7 American Sub Sandwich Lettuce and Tomato Veggie Sticks Orange Lemon Icebox Pie Fruit Choice 9-12 Milk	8 Chicken Strips Mashed Potatoes Broccoli Salad Pears Hot Roll 9-12 Fruit Choice 9-12 Milk	9 Chicken Stir Fry Seasoned Rice Egg Roll Peaches Fortune Cookie Fruit Choice 9-12 Milk	Hamburger Lettuce-Tomato-Pickle French Fries Apple Fruit Choice 9-12 Milk
13 Cheese Pocket Marinara Sauce Side Salad Applesauce Fruit Choice 9-12 Milk	14 Hot Dog French Fries Baked Beans Orange Fruit Choice 9-12 Milk	15 Burrito Seasoned Corn Baby Carrots Peaches Fruit Choice 9-12 Milk	16 Turkey and Dressing Mashed Potatoes Green Beans Mandarin Oranges Dessert Hot Roll Milk	Pizza Tossed Salad Veggie Sticks Pineapple Fruit Choice 9-12 Milk
27 Popcorn Chicken Mashed Potatoes Broccoli Mandarin Orangea	28 Taco Soup Tortilla Chips and Salsa Cheese Stick	29 Pig in a Blanket Baked Beans Corn on the Cob	30 Chicken and Noodles Seasoned Carrots Celery Sticks and Ranch	
Mandarin Oranges Biscuit Fruit Choice 9-12 Milk	Salad Fruit Crisp Fruit Choice 9-12 Milk	Pears Fruit Choice 9-12 Milk	Apple Biscuit 9-12 Fruit Choice 9-12 Milk	